

HIGHLIGHTS OF THE NKY COMMUNITY HEALTH IMPROVEMENT PLAN

April 2017-June 2017

Vision: "Thriving people living healthy lifestyles in a vibrant community."

PRIORITY HEALTH ISSUE Healthy Behaviors

Northern Kentucky Health Department, The Alliance and other partners:

- LiveWell NKY communities in Covington, Newport, Ludlow, Florence and Fort Mitchell are meeting regularly and focused on implementing strategies in the areas of healthy eating, active living and tobacco-free environments. Further, 34 initial LiveWell worksites are recognized and being supported towards the same objectives.
- Smoke-free parks policies were passed in Ludlow and Fort Mitchell.

PRIORITY HEALTH ISSUE Health Care Capacity, Access

St. Elizabeth Healthcare:

- Partnered with SUN Behavioral Health to consolidate treatment beds and build a comprehensive approach to behavioral health and substance abuse.
- Started an addiction clinic with dedicated addictionologists, moving to a new location due to high volume and need for more space.
- Started the Baby Steps program to help pregnant mothers who are addicted work towards an addiction free pregnancy.
- Donated and distributed Naloxone overdose reversal kits to patients, family members and first responders.

PRIORITY HEALTH ISSUE Changes in Policies, Systems

Northern Kentucky Chamber of Commerce:

- Led a community discussion on health at the February 2017 Eggs 'N Issues, with a focus on the "Economics of Wellness" discussing the benefits of employee wellness programs.
- Facilitated and participated in a wellness challenge, where different community organizations competed to get healthier and win prizes.
- The Chamber's Business Advocacy Committee adopted a position in support of a statewide smoke-free law.

PRIORITY HEALTH OUTCOMES

SPOTLIGHT

Parks are designed to promote health and well being in the community. Tobacco-free parks policies do this by eliminating the dangers of secondhand smoke exposure and tobacco litter, and ensuring that parks are safe for all community members to enjoy.



Overarching goals:

By 2020, 95% of the community will report having a usual place to go for medical care.

By 2020, 70% of the community will report having excellent or very good health.

<http://www.nkyhealth.org/Services/Planning.aspx>